

# Animal Reiki with Amber



## Bird House



### Objective

Create a birdhouse to create a harmonious shelter for backyard wildlife.

### Materials

- Wood (1" thick cedar)
- Saw
- Hammer
- Nails
- Wood glue
- Metal or PVC pole

### Step 1

Decide on the shape of the birdhouse and build accordingly. The design (height, width, depth, entrance hole) should correlate to the needs of the birds you're trying to attract.

### Step 2

Build the birdhouse using plans or your own ideas. Never use lead or petroleum based paints/oils. The inside should be left as natural wood. Be sure to add few small holes at the bottom for ventilation and water release.

### Step 3

Place the birdhouse in a secure location that best suits the species (free standing pole is best at height of at least 6 feet). Be sure not to put it too close to another house or feeder (to allow the birds to maintain their natural territory).

### Step 4

Offer Reiki to the birdhouse and all that find a home in it. Option- leave nesting material near by so the birds can have more choices.

### Resources:

- <http://www.birdhouses101.com/birdhouse-design-variations.asp>
- <http://www.birdwatching-bliss.com/wren-house-plans.html>
- <http://www.birdhouses101.com/when-where-birdhouses.asp>

Recommended sites, but no affiliation.

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